



# Jax Vegan Couple

Educate / Engage / Inspire  
[www.jaxvegancouple.com](http://www.jaxvegancouple.com)

## JVC'S AUDIENCE

We launched on October, 2017. Our followers are 35% male and 65% females, age category 25-65, from the U.S., Jacksonville, Europe and Canada. We post fresh content 2-3 times a day on Facebook, Instagram, Pinterest and Twitter. Engaging our organic users with new content on our Blog with recipes, tips, articles and videos. We also actively communicate on WEB Forums with the top whole foods plant-based health professionals leading the movement.



2,400



8,205



150



200



160

Contact Us (Ubaid & Safura)

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# Jax Vegan Couple

**Our Motto, "Doing Good is Good for Your Health"**

## ABOUT

We started the JVC social platform in October, 2017 on World Vegan Day to share our passion and information to benefit the community.

We have been vegan for over 10 years and are passionate about healthy plant-based eating and love to share our knowledge with others. We are certified in Colin Campbell Center of Nutrition Studies and Forks over Knives Rouxbe nutrition cooking classes.

Our goal is to provide motivation, practical guidance and a support system to profoundly improve people's lives. We share the science, the inspirational stories and the delicious recipes. We are a community where healthy conversations lead to powerful transformations.

On the JAX Vegan Couple social channels and blog you will find daily vegan recipes, healthy tips, articles & video clips from famous doctors, nutritionists and holistic health providers.

## COLLABORATE WITH US

Do you want us to feature your product, collaborate on a project, promote healthy, vegan food, or hire us to teach a class? We can help you with all that and more! We will post and promote your content on social media platforms: Instagram, Stories, Facebook, YouTube, Twitter for a flat monthly or one time fee per project.

Consult with us to develop strategy, content, and manage campaigns for your online brand. With an extensive marketing and IT background we know how to represent brands in digital and traditional media. Contact info: Email us at [contact@jaxvegancouple.com](mailto:contact@jaxvegancouple.com) or call Safura at 630-430-2632.

## MEDIA / PARTNERSHIPS

JVC in the Media

- WJXT4News Jacksonville
- BUZZ Media TV
- Edible NE Florida Interview
- Top 20 U.S Food Influencers – 2018 Award
- Cooking Demos at the NEFlorida VegFest
- Cooking Classes at Jax Cooking Studio
- Featured on JAX Chamber website
- NE Florida Influencer Member
- Radio Show Interviews

Help promote, volunteer, and partner with following groups, companies and organizations:

- Native Sun
- Winn-Dixie
- ThriveMarket
- VegWorld Magazine
- Sawgrass Marriott - Vernon's
- TPC Sawgrass - Nineteen

Web Health Forums: PCRM, Nutritional Facts, Colin Campbell, John McDougall, Joel Furhman, Dean Ornish, Engine 2 for Life, PlantPure Communities

## FAN REVIEWS

"Love your page and the colorful, flavorful recipes you cook. Working on removing oil from my vegan diet and finding I really don't need it- thanks to your inspiration."

"Great couple and great diet! Thank you for sharing your tips and healthy lifestyle! I cook almost every night and will definitely be making some of these ideas more regular in my cooking!!!"

"Thanks JVC for your beautiful and enlightening posts that encourage us throughout the year. Wishing you the best of health and happiness for 2018." -